

COVID-19 PROTOCOLS FOR OFFICE VISITS

NOTE: If you are experiencing a fever, cough, sore throat, shortness of breath, have been to a COVID-19 impacted area, or have been in close contact with a person infected with COVID-19, please schedule your appointment for 14 days past the date of contact.

- When I confirm your appointment, I will also confirm that you have read and understood these protocols.
- I will be wearing a mask during your session. I would prefer that you wear one as well when you arrive, but I will respect that this is your choice. Masks may be removed during treatment.
- When you arrive for your appointment, you can wait in our reception area, or, if you prefer, in your car. Call or text me at (919) 270-5868 to be sure I'm ready for you.
- Speaking of my new office, don't forget I have moved to a new location! [Click here](#) to see a map and written directions.
- You will be asked to review and sign a precautionary COVID-19 Liability Release Form when you arrive. I do want to let you know I have not been out in public very much at all, and I have not been in contact with anyone who has been sick.
- I am allowing more time between clients to disinfect the treatment room. Payment is still cash or check.
- Services available: are: [Lymphatic Massage](#), [Raindrop Technique](#), [Reiki](#), [Reflexology](#), [Bio-Kinesiology](#).