

## A Weekend of Aromatherapy Classes!

Join me and my guest, **Julie Ferguson**, for 2 days of fun and informative classes. Julie has been with Young Living for over 20 years and has worked closely with its founder, Dr. Gary Young, among many others.

You may attend every class or pick individual classes that most interest you. All classes include "hands on" use of Young Living essential oils, blends, and products. There will be door prizes — plus a prize for the one who refers the most people to the classes.

Pre-registration is required so that we will be prepared for all who attend. The classes will be held in the suite next to my office at 110 Iowa Lane, Suite 201, Cary, NC 27511.

***If you attend 5 or more classes, you may attend one \$10.00 class at no charge.*** (Please register for *all* classes you will be attending.)

In addition to the classes, we will be providing **FREE** Compass Scan assessments.

Visit <http://joycestephens.wufoo.com/forms/m7x3s5/> to register!



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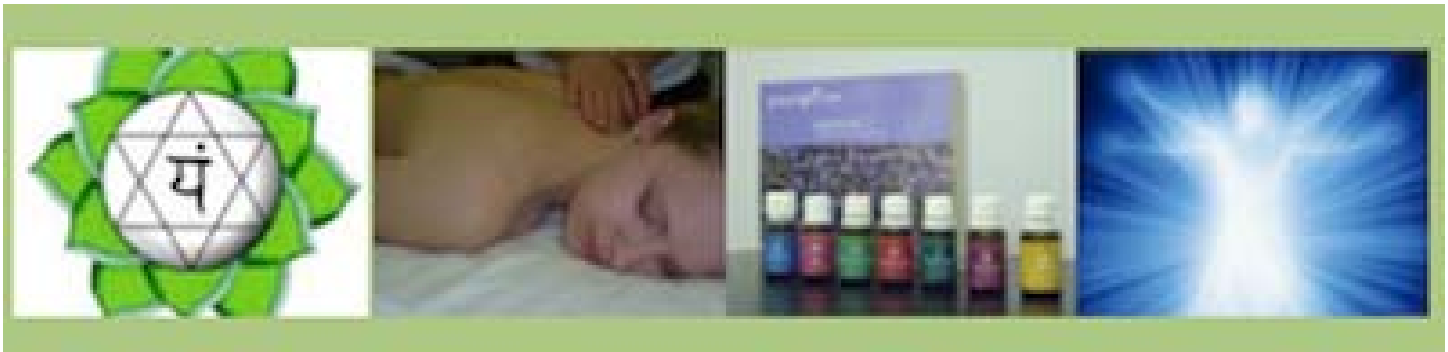
### **Saturday, September 22\***

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|----------|---|
| 10:00 am | How to Use Essential Oils, \$10.00                    |
| 11:30 am | Using Essential Oils for Pain, \$10.00                |
| 1-2 pm   | Lunch Break ( <i>on your own</i> )                    |
| 2:00 pm  | Sharing Young Living with Others ( <i>no charge</i> ) |
| 3:30 pm  | Thieves Product Line, \$10.00                         |
| 4:30pm   | YL's Most Popular Nutritional Supplements, \$10.00    |

### **Sunday, September 23\***

- |         |  |
|---------|--|
| 1:00 pm | Using Essential Oils for Emotional Issues, \$10.00                   |
| 2:30 pm | "Pamper Party," \$15.00 ( <i>see description for what to bring</i> ) |
| 4:30 pm | Sharing Young Living with Others ( <i>no charge</i> )                |

**\*See full class descriptions on the next page.**



## Class Descriptions:

### **How to Use Essential Oils:**

We will discuss the various ways to use essential oils, how to choose oils and blends, and the importance of knowing the quality of the oils that you use. We will talk about the most popular oils and blends to have on hand for a variety of issues.

### **Using Essential Oils for Pain:**

Young Living oils can be used for many painful issues ranging from back pain, fibromyalgia, headaches, and arthritis, to name just a few. We will also tell you the many benefits of the Raindrop Technique.

### **Sharing Young Living with Others:**

When you discover how powerful these oils and products are, it is hard not to share them with everyone you know! Whether you wish to build a business of your own or just want to know the best way to help others, this is an informative session. (Sat. & Sun.)

### **Thieves Product Line:**

"Thieves" essential oil blend is based on oils used by a band of thieves who robbed the dead and dying 14th century plague victims to protect themselves from becoming ill. The antibacterial properties of Thieves inspired a full line of natural home and personal products that kill bacteria and other germs without side effects.

### **YL's Most Popular Nutritional Supplements:**

Young Living supplements also contain their essential oils, which enhance absorption and help to remove cellular waste from the body. NingXia Red is a "Nutrient Infusion" with unmatched age-defying antioxidant activity. Our Omega Blue (fish oil supplement) has been reformulated and is even better as "OmegaGize." Inner Defense is a very effective alternative to pharmaceutical antibiotics, without side effects. Learn about the full line of products.

### **Using Essential Oils for Emotional Issues:**

Essential oils are very effective for emotional issues because they work with the limbic system, which is where emotional experiences are stored. It responds *only* to smell. Whether you or someone you know is dealing with anxiety, depression, fear, or other issues, you will be surprised at how the oils will help to clear negative emotional baggage. They will also uplift your spiritual awareness.

### **"Pamper Party:"**

What a treat! You'll receive a mini facial using Young Living's ART (Age Refining Technology) and other skin care products and an aromatherapy foot massage. *Please bring the following items with you for this class: wash cloth, hand towel, yoga mat and/or large towel to lie down, and a pillow if you wish.*

### **Compass Scan Assessment:**

This non-invasive system works with your energy field to determine which Young Living products would be of benefit to you. The Scan only takes about 10 minutes. You simply place your hand on a "cradle," and signals are sent to your body. After checking 76 "bio-markers" for imbalances, the system then "presents" Young Living products to your body and generates a report listing the products that can help bring these markers into balance. A copy of the report will be sent to you via email.